



COSMO TIMES

ROTARY CLUB OF GURGAON COSMOPOLITAN

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PRESIDENT'S MESSAGE



Dear Fellow Rotarians,

We started our New Year 2023 with a commitment of taking our projects to a bigger scale and by building partnerships. We received a great response to the Mega Health check up camp organized in association with ICAI Gurgaon and got the support of YOUWECAN, the social foundation of Cricketer Yuvraj Singh which is focused on working on Cancer.

The parties also continued with the fellowship organized by Rtn Shalini Chowdhry and Rtn Naveen Chowdhry at their residence.

I will also like to congratulate our District Governor Rtn Ashok Kantoor on the announcement that the First Skin Bank of Northern India is being set up by our prestigious District 3011. This will fillup the void and serve the society at a larger level.

I am also looking forward to the District Conference which is scheduled in the month of February 2023 and looking forward to a great participation from our club's side.

Rotary Greetings,

With Rotary Regards,

Rtn Abhishek Aneja,
President

THE 4-WAY TEST

of the things we
think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned ?

Let us all keep the
above tests in mind
before we say, think or
do anything

RI President's Message



Rtn. Jennifer Jones

Recently, I spent time in the Nakivale refugee settlement in Uganda. As the "settlement" in its name suggests, the people living there are free to move around and integrate as best they can — one thing that makes the place unique.

I had a chance to play soccer with boys and girls from about a dozen nations and talk with women who had fled areas of conflict. It was a tapestry of human experience shared through both laughter and tears.

As I walked across a school campus at the settlement with a teacher, she shared with me the dire statistics on girls' education. Most don't get through grade school. Many are sold into child marriage to pay for food for their families. As I looked around at these young girls, I was gutted.

Our work with empowering girls and women is much more than creating equity — sometimes, it's about health or education. Other times it's about providing safety. Regardless of the path, it's always about basic human rights. We can do more to empower girls and women, and we can expand how we share the progress Rotary members and our partners have made toward this goal.

There is no shortage of inspiring examples of our work, from interest-free microcredit loans for women in Nigeria, to projects in India that provide girls menstrual hygiene products. Hundreds of projects are taking place across all Rotary areas of focus and are making a meaningful and often lifesaving difference.

Together, we can address the needs and inequities that girls throughout the world face daily. But we must also monitor the impact of these projects and create awareness of Rotary resources and subject matter experts, including Rotary Action Groups, The Rotary Foundation Cadre of Technical Advisers, Rotary Peace Fellows, and others.

It is especially important that we tell the stories of our initiatives that have a positive impact on the lives of women and girls. This last point is near and dear to my heart. This means sharing our stories on social media, through local news outlets, in this magazine, and wherever we can inspire others.

As you do so, it's important to provide information that helps our Rotary family connect with others who are implementing activities in their regions, as well as across the world. Let's share our successes and learn from one another — then proudly tell our stories to a larger audience.

These are exciting times in Rotary, and the world is taking notice. As we work to empower women and girls to step into their full potential, we create new pathways for membership growth and greater collaboration with partners to create positive, lasting change. Thank you for your continued action in this vital effort.

Source: <https://my.rotary.org/en/news-media/office-president/presidential-message>

District Governor's Message



Rtn. Ashok Kantoor

Dear Presidents and Team Members,

Wish you a Very Happy New Year !

At the outset, I would like to pay my respects to Late Rtn V.N. Mittal President of Rotary Govinda, who passed away on the 5th of January. It was indeed a tragic way to start the new year and our hearts go out to the bereft family. Alka and I offer our consistent support to them should they need it at any time and we will pray to the almighty to give them the strength and fortitude to bear this untimely and irreplaceable loss.

who January was a month full of productive activity and significant achievements. For the first time ever R.I. District 3011 organised a 'Legal Aid Seminar—Expanding Horizons' to make Rotarians aware of the legal aid available to people who are from the underprivileged strata and to let them know how they can benefit from it. We are grateful to District Chair – Legal Committee Justice Jayant Nath Former Judge Delhi High court for organising this landmark event which will help several people obtain legal aid when required. Supreme Court Judge Justice Sanjay Kishan Kaul made an impactful speech and gave us a splendid overview of the legal systems and how they function. We also had Senior Advocate and Member of Parliament Vivek Tankha explaining the different ways in which Rotarians could help the poor and needy get legal advice and help. I would like to thank everyone who was involved in the delivery of this event and this is another example of the team coming together and putting the weaker sections of society at the centre of everything we do.

I am happy to announce that in keeping with our motto of 'ambition delivered today' we have also taken the initiative to set up a Rotary Skin Bank at the AIIMS Burns & Plastic Surgery Department. This will be the first time that R.I. District 3011 will be venturing into this area and we are sure that this landmark project will succeed in making life more beautiful for people who feel constrained and distressed because of disfigurement that is inflicted on them as a result of burn and other injuries.

The clubs of the District have also undertaken mammoth projects and we are moving towards record breaking figures in blood donation and in ambitious, innovative and sustainable ventures like providing electrically enabled artificial limbs to the needy, being a 'nikshaymitra' to TB patients and providing them succour in the form of food, nutrition and medicines or following up on the recharging of borewells initiative along with other innovative projects, the clubs have been a step ahead in implementing their strategic plans.

Our plans are under way for a fantastic District Conference. We have planned several exciting and informative events for everyone and we look forward to interacting with each one of you on those days.

Warm Regards

Yours Sincerely

Rtn Ashok Kantoor

District Governor R.I. District 3011

Source: Abhivyakti | Governor's Monthly Letter | January 2023

Some Events of January 2023

Free Eye Check Up Camp



Rotary Club of Gurgaon Cosmopolitan organized Free Eye Checkup Camp in association with Viaan Eye & Retina Centre was held on 8th January 2023 at Orchid Gardens, Suncity, Sector 54, Golf Course Road, Gurgaon coordinated by IPP Rtn. Vivek Duggal. It was attended by President Rtn. Abhishek Aneja, First Lady Isha Aneja, Rtn. Dr. Neeraj Sanduja, IPP Rtn. Vivek Duggal, Rtn. Urmi Gupta.

Mega Health Checkup Camp



Our Club organised a Mega Health Checkup and Blood Donation camp in association with Gurgaon Branch of ICAI for its members and students. The event was also supported by the foundation of Cricketer Yuvraj Singh. Other partners in the project were Fortis Hospitals, Viaan Eye and Retina Centre, Rotary Blood Bank, Rotary Mammography Project and Wellness Coach Lekha Sethi. A special Health talk was given by Padma Bhushan Awardee Dr. T.S. Kler - Chairman, Fortis Heart & Vascular Institute Gurgaon and Vasant Kunj. Over 300 chartered accountants, students and their family members attended the project.

The event was attended by President Rtn Abhishek Aneja, Secretary Rtn Amit Kumar Jain, Assistant Governor Rtn Munish Khullar, Rtn. Dr. Pushpa Sethi, District Women Health & Empowerment Chair and Rtn Amarjit Singh President Rotary Club of New Gurgaon, PP Rtn Deepak Jain, Rtn Krishan Aggarwal and Rtn Urmi Gupta.

Curtain Raiser for District Conference & Golf Tournament



District Curtain Raiser for District Conference & Golf Tournament was held on 18th January 2023 at PHD House, August Kranti Marg, New Delhi followed by Cocktail & Dinner. It was attended by President Rtn. Abhishek Aneja, Secretary Rtn. Amit Kumar Jain, PP Rtn. Gopesh Aneja, PP Rtn. Sarvesh Dutt along with R'anne Ritu Dutt from our Club.

District Team Training Seminar (DTTS) & AGTS



Assistant Governor Training Seminar (AGTS) and District Team Training Seminar (DTTS) was held on 29th January 2023 at Hotel Fortune Select, Gurugram. It was attended by President Rtn. Abhishek Aneja, PP Rtn. Ratan Kumar and IPP Rtn. Vivek Duggal from our Club.

Fellowship Meeting



A Fellowship meeting followed by Hi-Tea was hosted by Rtn Naveen Chowdhry and Rtn Shalini Chowdhry on Sunday, 8th January 2023 at their residence (Raheja Atlantis, Sector 31, Gurgaon). It was most memorable and exciting get together for the members and families who joined enjoyed this fellowship. It was attended by Rtn. Abhishek Aneja, First Lady R'anne Isha Aneja, Rtn. Amit Kumar Jain, R'anne Rishika Jain, Rtn Krishan Kumar Aggarwal, IPP Rtn. Vivek Duggal, R'anne Shilpa Duggal, PP Rtn. Deepak Jain, PP Rtn. Pradeep Agarwal, R'anne Malini Agrawal, PP Rtn. Abhinav Bansal, R'anne Neha Bansal, Rtn Naveen Chowdhry, Shalini Chowdhry, Rtn. Ish Chandra Seth, Rtn. Urmi Gupta, Rtn. Anshu Jindal.

Regular Club Meeting, Speaker Mr. Mohit Verma



Our Regular Club meeting was held on 12th January 2023 at IBIS Hotel, Gurugram. Speaker for the day was Mr. Mohit Verma and he spoke on the topic of Stress & Emotional Wellness which was appreciated by one and all. It was followed by the question answer session.

From the Desk of the Secretary

ROTARY MONTHS

Jul	Start of new Rotary officers year of service
Aug	Membership and New Club Development
Sep	Basic Education and Literacy
Oct	Economic and Community Development
Nov	Rotary Foundation
Dec	Disease Prevention and Treatment
Jan	Vocational Service
Feb	Peace and Conflict Prevention/ Resolution
Mar	Water and Sanitation
Apr	Maternal and Child Health
May	Youth Service
Jun	The Rotary Foundation's 110th Anniversary

Birthdays

February	
17 th	Rtn Parmod Grover
20 th	Rtn Sarvesh Dutt
27 th	Rtn Shalini Chowdhry

Anniversaries

February	
20 th	R'anne Neelu Grover & Rtn Parmod Grover
25 th	R'anne Neha Bansal & Rtn. Abhinav Bansal

Upcoming events

3 rd February 2023	District 3011 Golf Tournament
11 th & 12 th Feb' 23	District Conference 2022-23
17 th February 2023	Installation of Interact Club
19 th February 2023	Webinar on Waster Management



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